



The Benefits of Better Health

Frequently Asked Questions about the Maternity Management Program

Q: How do I know if my doctor, hospital and lab are in-network?

A: You may check geha.com/search or call 800.821.6136 to ask a GEHA Customer Care representative.

Q: Where can I find an explanation of maternity benefits?

A: You may access your benefit brochure at geha.com/planbrochure. Generally speaking, if you use in-network providers and have a pregnancy without complications, you will be covered at 100%. There may be circumstances in which this does not apply. Please call GEHA Customer Care at 800.821.6136 for clarification if needed.

Q: What is included in the maternity benefit?

A: Your maternity benefit includes prenatal care, delivery and postnatal care. Breastfeeding and lactation support services are covered. Your benefit will be determined by whether services are provided by an in-network provider as described in the GEHA plan brochure, which is available at geha.com/planbrochure. Breast pumps and related supplies must be obtained from GEHA's contracted breast pump provider. Breast pumps will be covered at 100% with a physician's order. Please refer to the GEHA plan brochure under "Durable medical equipment (DME)" for instructions on how to receive your breast pump.

Some things that are *not* covered include childbirth education classes, services for birth coaching or labor support, and genetic counseling.

Q: What about lab work?

A: GEHA recommends that you always use the Lab Card program offered by Quest Diagnostics. Please visit geha.com/labcard for more information or call our Customer Care department at 800.821.6136 with any questions.

Q: How much time do I have to add my baby to my GEHA policy?

A: You have up to 60 days to add your baby to your plan. You should contact our Enrollment Department at 800.821.6136 for details.

Q: Is my baby covered under my maternity benefits while he/she is in the hospital?

A: The baby will be covered for normal nursery charges only. If your baby requires special or non-routine care, he/she will be considered under the general medical benefits as a separate person on your policy. This includes circumcision. Please see your plan brochure at geha.com/planbrochure if you need clarification.

Helpful websites

March of Dimes – marchofdimes.org

National Breastfeeding Helpline – womenshealth.gov/breastfeeding

Postpartum Support International – postpartum.net

American Congress of Obstetricians and Gynecologists – acog.org