

# WHERE TO FIND CARE

GEHA.

*"I don't feel well. Where could I go for help?"*



**Is this an emergency?**  
(ex. excessive bleeding, difficulty breathing, chest pain, loss of consciousness)

YES



## EMERGENCY ROOM

(This is your most expensive care option. Visit the ER if you are experiencing an emergency, not recommended for routine care or minor health issues.)

NO

Is your condition serious?

NO

**Minor / Routine**  
(ex. headache, insect bites, cough, pink eye, rash, constipation)



**HEALTH ADVICE LINE**  
888.257.4342  
(May result in a referral to one of the care options listed below.)

YES

**Serious, not an emergency**  
(ex. fever, sore throat, urinary problems, nausea/vomiting, physical injury)

Do you need immediate attention?

NO

Are you traveling?  
OR  
Is it after office hours?

YES

NO

YES



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RETAIL CLINIC**  
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**PRIMARY CARE  
PROVIDER**  
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**TELEMEDICINE**  
888.912.1183



**URGENT CARE**  
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