Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 71-014) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.geha.com and view the Glossary at www.healthcare.gov/sbc-glossary. You can call 1-800-821-6136 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,500 Self Only \$3,000 Self Plus One or Self and Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the Plan allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers \$5,000 Self Only \$10,000 Self Plus One or Self and Family (one individual not to exceed \$5,000) For non-participating providers \$7,000 Self Only \$12,000 Self Plus One or Self and Family (one individual not to exceed \$7,000)	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.



Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit?</u>	<u>Premiums</u> , <u>balance-billed</u> charges, any penalties, non-covered drugs, and services your health care plan does not cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.geha.com or call 1-800-296-0776 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	ı Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	5% after deductible	25% after deductible	None	
	Specialist visit	5% after deductible	25% after deductible	None	
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	5% after deductible for acupuncture. Manipulative therapy of the spine subject to balance billing.	25% after deductible for acupuncture. Manipulative therapy of the spine subject to balance billing.	Acupuncture limited to 20 visits/year with a licensed covered <u>provider</u> . Manipulative therapy of the spine limited to \$20/visit, 20 visits/year, and \$25/year for spinal manipulation related X-rays.	
	Preventive care/screening/ immunization No cl	No charge	25% after deductible	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	5% after deductible	25% after deductible	None	
If you have a test	Imaging (CT/PET scans, MRIs)	5% after deductible	25% after deductible	Must be <u>pre-authorized</u> . If not, payment reduced by \$100; or care may not be covered.	
	Generic drugs	25% after deductible	Same as in-network pharmacy, plus you pay excess over our in-network drug cost.		
If you need drugs to treat your illness or condition	Preferred brand drugs	25% after deductible	Same as in-network pharmacy, plus you pay excess over our in-network drug cost.	90 day supplies are available at a participating Extended Day Supply (EDS) network pharmacy or through mail order. You pay in full at an out-of-network pharmacy and submit for reimbursement.	
More information about prescription drug coverage is available at www.geha.com	tion drug e is available at	25% after deductible	Same as in-network pharmacy, plus you pay excess over our in-network drug cost.		
	Specialty drugs	From CVS Specialty Pharmacy 25% after deductible	Same as in-network pharmacy, plus you pay excess over our in-network drug cost.	Maximum day supply per fill is 30 days. Some <u>specialty</u> <u>medications</u> may not be available in a 30-day supply.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	5% after deductible	25% after deductible	Some services must be <u>pre-authorized</u> . If not, care may not be covered.	
surgery	Physician/surgeon fees	5% after deductible	25% after deductible	Some services must be <u>pre-authorized</u> . If not, care may not be covered.	

		What You	ı Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	5% after deductible	5% after deductible for medical emergency. 25% after deductible for other.	None	
If you need immediate medical attention	Emergency medical transportation	5% after deductible	5% after deductible	Air ambulance must be <u>pre-authorized</u> . If not <u>medically</u> <u>necessary</u> , services will not be covered.	
	<u>Urgent care</u>	5% after deductible	25% after deductible	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	5% after deductible	25% after deductible	Semi-private room. Must be <u>pre-authorized</u> . If not, payment reduced by \$500; or care may not be covered.	
•	Physician/surgeon fees	5% after deductible	25% after deductible	None	
If you need mental health, behavioral	Outpatient services	5% after deductible	25% after deductible	Psychological testing must be <u>pre-authorized</u> . If not, care may not be covered.	
health, or substance abuse services	Inpatient services	5% after deductible	25% after deductible	Semi-private room. Must be <u>pre-authorized</u> . If not, payment reduced by \$500; or care may not be covered.	
	Office visits	No charge after deductible	25% after deductible	None	
If you are pregnant	Childbirth/delivery professional services	No charge after deductible	25% after deductible	None	
	Childbirth/delivery facility services	No charge after deductible	25% after deductible	None	

		What You Will Pay			
Common Medical Event	Common Services Vou May Need Notwork Provi		Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Home health care	5% after deductible	25% after deductible	Must be <u>pre-authorized</u> . If not, care may not be covered. Limited to 50 2-hour visits/year with an RN or LPN.	
	Rehabilitation services	5% after deductible	25% after deductible	Outpatient only. Must be <u>pre-authorized</u> . If not, care may not be covered. Limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.	
If you need help recovering or have other special health needs	Habilitation services	5% after deductible	25% after deductible	Outpatient only. Must be <u>pre-authorized</u> . If not, care may not be covered. Limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.	
	Skilled nursing care	Deductible applies.	Deductible applies. Subject to <u>balance-</u> <u>billing</u> .	Facility only. Must be <u>pre-authorized</u> . If not, care may not be covered. Limited to \$700/day for the first 14 days after transfer from an acute care hospital.	
	Durable medical equipment	5% after deductible	25% after deductible	Must be <u>pre-authorized</u> . If not, equipment may not be covered.	
	Hospice services	5% up to plan limits. Deductible applies.	25% up to plan limits. Deductible applies.	Coverage limited to \$15,000/period of care for combined in-patient and out-patient care.	
	Children's eye exam	No charge	No charge	One routine eye exam per calendar year. Additional benefits available through EyeMed.	
If your child needs dental or eye care	child needs or eye care Children's glasses nothing if price frame is \$100 or	Frames - you pay nothing if price of frame is \$100 or less. Most lenses - \$10 copay	Frames reimbursed up to \$45. Reimbursement on lenses depends on the type of lens.	Benefits available through EyeMed. Frequency and dollar limits apply.	
	Children's dental check-up	No Charge	All charges in excess of the plan allowance	100% coverage is limited to two exams, cleanings, and fluoride/year; dental X-rays are limited to \$150/year.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)				
 Cosmetic surgery 	 Over-the-counter medications 	 Routine eye care (adult) 		
 Long-term care 	 Private-duty nursing 	 Weight loss programs 		

Other Covered Services (Limitations may	apply to these services. This isn't a complete list. Please s	see your plan's FEHB brochure.)
AcupunctureBariatric surgeryDental care (adult)	Hearing aidsInfertility treatmentManipulative therapy of the spine	 Non-emergency care while traveling outside the U.S. (see www.geha.com/outsideusa). Routine foot care for certain diagnoses

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-821-6136 or visit www.opm.gov/insure/health. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: GEHA at 1-800-821-6136.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-821-6136.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-821-6136.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-821-6136.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-821-6136.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.--

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$1,500
Specialist copayment	5%
■ Hospital (facility) coinsurance	5%
Other coinsurance	5%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing			
Deductibles	\$1,500		
Copayments	\$0		
Coinsurance	\$10		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,570		

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

■ The plan's overall <u>deductible</u> \$1,500

Specialist copayment
Hospital (facility) coinsurance
Other coinsurance
5%
5%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$1,280
What isn't covered	
Limits or exclusions	\$30
The total Joe would pay is	\$2,810

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$1,500
Specialist copayment	5%
Hospital (facility) coinsuranceOther coinsurance	5%
	5%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost \$1,900

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,520