

Clinical Guidelines

HYPERTENSION



The current medical management, pharmacologic options and goals of care in the treatment of Hypertension are elected in the document below.

Please note:

Specific coverage decisions are based upon plan document language in the GEHA Member Brochure.

2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults (JNC8: Report from the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)

<http://circ.ahajournals.org/content/128/16/e240.full.pdf>

Mozaffarian, D., Benjamin, E. J., Go, A. S., Arnett, D. K., Blaha, M. J., Cushman, M., ... & Huffman, M. D. (2015). Executive summary: heart disease and stroke statistics—2015 update. *Circulation*, 131(4), 434-441.

<http://circ.ahajournals.org/content/131/4/434>

SPRINT Research Group. (2015). A randomized trial of intensive versus standard blood-pressure control. *N Engl J Med*, 2015(373), 2103-2116.

<http://www.nejm.org/doi/full/10.1056/NEJMoa1511939>

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