

Sources of Utilization Management Criteria for GEHA's Standard Option, High Option and HDHP Plans

Type of service	Contracted entity/Internal	Source of Utilization Management Criteria for medical necessity determination
Inpatient hospitalization	UnitedHealthcare Choice Plus Network: All states not listed below.	InterQual Guidelines
	GEHA: Alaska, Arizona, Colorado, Connecticut, Georgia, Kentucky, Maine, Massachusetts, Michigan, Nevada, New Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island, Utah, Vermont, Washington	InterQual Guidelines
Behavioral health/Substance use (inpatient acute, residential treatment centers, partial hospitalization programs, intensive outpatient programs)	Optum Behavioral Health	ASAM (American Society of Addiction Medicine), LOCUS, CASII, ECSII
SNF, LTAC, acute medical rehab	UnitedHealthcare Choice Plus Network: All states not listed below.	InterQual Guidelines, UnitedHealthcare Commercial policy
	OrthoNet Alaska, Arizona, Colorado, Connecticut, Georgia, Kentucky, Maine, Massachusetts, Michigan, Nevada, New	Milliman Care Guidelines

	Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island, Utah, Vermont, Washington	
Spinal pain management, spinal surgery	UnitedHealthcare Choice Plus Network: All states not listed below.	UnitedHealthcare Commercial policy
	GEHA Alaska, Arizona, Colorado, Connecticut, Georgia, Kentucky, Maine, Massachusetts, Michigan, Nevada, New Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island, Utah, Vermont, Washington	InterQual Guidelines, GEHA Corporate Medical policy created by referencing nationally accepted standards from professional societies, peer-reviewed medical literature, and an external panel of subject matter experts.
Oncology – Outpatient chemotherapy and radiation	OncoHealth	oncologyanalytics.com/terms/#criteria FDA, national societal guidelines, Medicare national and local coverage determinations, state-specific Medicaid policies, medical literature, and compendia recommendations. GEHA's drug coverage policy requirements, where applicable.
ABA therapy	Optum	Optum Behavioral Health Clinical Policy
Pharmacy reviews	CVS/Caremark	The Standard of Care per clinical literature, FDA labeling, specialty societies, external clinical experts.
Radiology review	eviCore	Nationally accepted standards from professional society recommendation, peer-reviewed literature, and subject-matter experts.
Genetic testing review	eviCore Alaska, Arizona, Colorado, Connecticut, Georgia, Kentucky, Maine, Massachusetts, Michigan, Nevada, New Hampshire, New Jersey, New York, Ohio,	Nationally accepted standards from professional society recommendation, peer-reviewed clinical literature, and subject-matter experts.

	Pennsylvania, Rhode Island, Utah, Vermont, Washington	
	UnitedHealthcare Choice Plus: All states not listed above.	UnitedHealthcare Commercial policy
All other treatments, services or supplies	UnitedHealthcare Choice Plus Network: All states not listed below.	InterQual Guidelines, UnitedHealthcare commercial policy
	Alaska, Arizona, Colorado, Connecticut, Georgia, Kentucky, Maine, Massachusetts, Michigan, Nevada, New Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island, Utah, Vermont, Washington	InterQual Guidelines, GEHA Corporate Medical policy created by referencing nationally accepted standards from professional societies, peer-reviewed medical literature, and an external panel of subject matter experts.

GEHA uses InterQual Guidelines as well as national societal guidelines to lead our quality and health management programs. A list of the clinical guidelines is below:

Condition	Guideline
Acute Myocardial Infarction with ST Elevation	American College of Cardiology Foundation/American Heart Association
Acute Myocardial Infarction without ST Elevation	American College of Cardiology Foundation/American Heart Association
Asthma	National Heart, Lung and Blood Institute, Global Initiative for Asthma
Attention Deficit Hyperactivity Disorder (ADHD)	American Academy of Child and Adolescent Psychiatry
Bipolar Disorder: Adults	American Psychiatric Association
Bipolar Disorder: Children & Adolescents	American Academy of Child and Adolescent Psychiatry
Cardiovascular Disease: Prevention in Women	American Heart Association
Cardiovascular Disease: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease	American College of Cardiology/American Heart Association
Cholesterol Management	American College of Cardiology/American Heart Association
Chronic Obstructive Lung Disease	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Depression/Major Depressive Disorder	American Psychiatric Association
Diabetes	American Diabetes Association
Dietary Guidelines	U.S. Department of Health and Human Services
Heart Failure	American College of Cardiology/American Heart Association
Hemophilia and von Willebrand Disease	World Federation of Hemophilia and National Heart, Lung and Blood Institute
Human Immuno-deficiency Virus (HIV)	HIV Medicine Association of the Infectious Diseases Society of America
Hyperbilirubinemia in Newborns	American Academy of Pediatrics
Hypertension	Panel Members Appointed to the Eighth Joint National Committee (JNC8)
Lifestyle Management to Reduce Cardiovascular Risk	American Heart Association/American College of Cardiology
Obesity	American Heart Association/American College of Cardiology/The Obesity Society
Physical Activity	U.S. Department of Health and Human Services
Preventive Services	Agency for Healthcare Research and Quality
Schizophrenia	American Psychiatric Association/Psychiatry Online Guideline Watch
Sickle Cell Disease	National Heart, Lung and Blood Institute
Spinal Stenosis	North American Spine Society
Stable Ischemic Heart Disease	American College of Cardiology/American Heart Association et al.
Substance Use Disorders	American Psychiatric Association/Psychiatry Online

Condition	Guideline
Tobacco Use	U.S. Department of Health and Human Services