



BETTER HEALTH STARTS HERE

GEHA medical plan members have access to exceptional primary care through **One Medical** – included with your GEHA membership.



Highly rated providers

Access a network of experienced, caring providers.



Same-day appointments that start on time

Don't wait weeks to see someone when you need care.



Free 24/7 virtual care

Connect with a provider by online video, phone or email.

Explore GEHA's five medical plans
geha.com

Open Season: Nov. 9 - Dec. 14, 2020

What is One Medical?

One Medical is an innovative membership-based, primary care practice designed around your needs. Use the One Medical app to schedule same-day appointments that start on time and access **free** 24/7 virtual care. One Medical makes it faster, more convenient and more enjoyable to get personalized care – whenever and wherever you need it.

Have more questions? Call **415.523.6317**

How do I use One Medical?

Whether you need treatment or simply want information, you can always start with One Medical.

One Medical's primary care providers handle everything from preventive medicine to treatment of acute and chronic conditions. Plus, convenient on-site labs for tests and vaccines with coordinated referrals to the region's best specialists when needed.

Do I have to pay anything to join?

Most One Medical members pay an annual fee, however **GEHA covers the fee for GEHA plan members as part of 2021 medical plan benefits.**

You and anyone age 14 or older covered under your GEHA plan in the D.C. area are eligible for a One Medical membership.

How does it work with my GEHA medical plan?

Your standard copay, coinsurance and deductible apply for in-person visits.

24/7 virtual care is completely free.

How do I take advantage of this benefit?

Get started by visiting onemedical.com/GEHA to register using your GEHA subscriber ID.