High Deductible Health Plan: GEHA

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered healthcare services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the FEHB <u>Plan</u> brochure (RI 71-014) that contains the complete terms of this <u>plan</u>. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB <u>Plan</u> brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can get the FEHB <u>Plan</u> brochure at <u>www.geha.com</u>, and view the Glossary at <u>www.healthcare.gov/sbc-glossary</u>. You can call 1-800-821-6136 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For in-network providers \$1,600 / Self Only \$3,200 / Self Plus One \$3,200 / Self and Family  For out-of-network providers \$3,200 / Self Only \$6,400 / Self Plus One \$6,400 / Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For in-network providers \$6,000 Self Only \$12,000 Self Plus One or Self and Family (one individual not to exceed \$6,000)  For out-of-network providers \$8,500 Self Only \$17,000 Self Plus One or Self and Family (one individual not to exceed \$8,500)	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.



Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, any penalties, non-covered drugs, the difference in price between generic and brand name and services your healthcare plan does not cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.geha.com/find-care">www.geha.com/find-care</a> or call 1-800-296-0776 for a list of <a href="https://network.providers">network providers</a> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

١				ou Will Pay		
	Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If you visit a healthcare provider's office or clinic		Primary care visit to treat an injury or illness	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None	
	Specialist visit	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None		
	Preventive care/screening/ immunization	No charge	25% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.		
Marie barre a toat	Diagnostic test (x-ray, blood work)	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None		
	If you have a test	Imaging (CT/PET scans, MRIs)	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Must be <u>pre-authorized</u> . If not, care may not be covered.	

		What Yo	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Generic drugs	25% <u>coinsurance</u> after <u>deductible</u>	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	90-day supplies are available at a participating Extended Day Supply (EDS) network pharmacy or through mail order.
	Preferred brand drugs	25% <u>coinsurance</u> after <u>deductible</u>	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	You pay in full at an <u>out-of-network</u> pharmacy and submit for reimbursement.
If you need drugs to treat your illness or condition More information about	Non-preferred brand drugs	40% <u>coinsurance</u> after <u>deductible</u>	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	Brand name when generic available – same as generic drugs, plus the difference in cost of generic and brand name.
prescription drug coverage is available at https://info.caremark.com/ geha	Specialty drugs	From CVS Specialty Pharmacy  Generic and Preferred: 25% coinsurance after deductible for up to a 30-day supply  Non-preferred: 40% coinsurance after deductible for up to a 30-day supply	Not covered You pay 100%	If Specialty drugs are obtained through other sources (physician's office, home health agencies, outpatient hospitals), you will pay an additional copayment of \$300 for (Generic/Preferred), \$500 (Non-preferred) and any difference between GEHA's allowance and the cost of the drug. The additional \$300/\$500 copayment will go towards your out-of-pocket limit.  Copayment based on days of therapy.  Brand name when generic available – same as generic drugs, plus the difference in cost of generic and brand name.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Some services must be <u>pre-authorized</u> .  If not, care may not be covered.
surgery	Physician/surgeon fees	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Some services must be <u>pre-authorized</u> .  If not, care may not be covered.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Emergency room care	5% <u>coinsurance</u> after <u>deductible</u>	5% <u>coinsurance</u> after <u>deductible</u> for medical emergency 25% <u>coinsurance</u> after <u>deductible</u> for other	None
If you need immediate medical attention	Emergency medical transportation	5% <u>coinsurance</u> after <u>deductible</u>	5% <u>coinsurance</u> after <u>deductible</u>	Air ambulance must be <u>pre-authorized</u> . If not <u>medically necessary</u> , services will not be covered.  For ground transportation, member is responsible for all charges over 100 miles when <u>medically necessary</u> treatment is available within 100 miles.
	Urgent care	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Semi-private room. Must be precertified. If not, payment reduced by \$500/admission (in-network) or \$500/day (out-of-network); or care may not be covered.
	Physician/surgeon fees	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None
If you need mental health, behavioral	Outpatient services	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Psychological testing may require <u>pre-authorization</u> . If not, care may not be covered.
health, or substance abuse services	Inpatient services	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Semi-private room. Must be precertified. If not, payment reduced by \$500/admission (in-network) or \$500/day (out-of-network); or care may not be covered.
If you are pregnant	Office visits	No charge after deductible	25% <u>coinsurance</u> after deductible	None
	Childbirth/delivery professional services	No charge after deductible	25% <u>coinsurance</u> after <u>deductible</u>	None
	Childbirth/delivery facility services	No charge after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	None

What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Home health care	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Limited to 50 2-hour visits/year with an RN, LPN or MSW.
If you need help recovering or have other special health needs	Rehabilitation services	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Outpatient services limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.
	Habilitation services	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Outpatient services limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.
	Skilled nursing care	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Facility only. Must be precertified. If not, payment reduced by \$500/admission (innetwork) or \$500/day (out-of-network); or care may not be covered.  Limited to 50 days per calendar year.
	Durable medical equipment	5% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Must be <u>pre-authorized</u> over \$1,000. If not, equipment may not be covered.
	Hospice services	5% <u>coinsurance</u> up to <u>plan</u> <u>limits</u> . <u>Deductible</u> applies.	25% <u>coinsurance</u> up to <u>plan</u> <u>limits</u> . <u>Deductible</u> applies.	Coverage limited to \$30,000/period of care for combined in-patient and out-patient care.
	Children's eye exam	No charge	No charge	One routine eye exam per calendar year. Additional benefits available through EyeMed.
If your child needs dental or eye care	Children's glasses	Frames – no charge if price of frame is \$100 or less.  Most lenses - \$10 copayment	Frames reimbursed up to \$45. Reimbursement on lenses depends on the type of lens.	Benefits available through EyeMed. Frequency and dollar limits apply.
	Children's dental check- up	No charge	All charges in excess of the plan allowance	100% coverage is limited to two exams, cleanings, and fluoride/year; dental X-rays are limited to \$150/year.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Cosmetic surgery

- Long-term care
- Over-the-counter medications

- Private-duty nursing
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture
- Bariatric surgery
- Chiropractic (manipulative therapy)

- Dental care (adult)
- Hearing aids
- Infertility treatment

- Non-emergency care while traveling outside the U.S. (see www.geha.com/outsideusa).
- Routine eye care (adult)
- Routine foot care for certain diagnoses

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB <u>Plan</u> brochure, contact your HR office/retirement system, contact your <u>plan</u> at 1-800-821-6136 or visit <u>www.opm.gov/healthcare-insurance/healthcare</u>. Generally, if you lose coverage under the <u>plan</u>, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: GEHA at 1-800-821-6136.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-821-6136.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-821-6136.

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-821-6136.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-821-6136.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$1,600
■ Specialist coinsurance	5%
■ Hospital (facility) coinsurance	5%
Other coinsurance	5%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

### In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$1,600		
<u>Copayments</u>	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,660		

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$1,600
■ Specialist coinsurance	5%
■ Hospital (facility) coinsurance	5%
Other coinsurance	5%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

### In this example, Joe would pay:

<u>Cost Sharing</u>			
<u>Deductibles</u>	\$1,600		
<u>Copayments</u>	\$0		
Coinsurance	\$570		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$2,170		

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$1,600
■ Specialist coinsurance	5%
■ Hospital (facility) coinsurance	5%
■ Other coinsurance	5%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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### In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$1,600	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$60	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,660	