High Option: GEHA Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered healthcare services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. Please read the FEHB Plan brochure (RI 71-006) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at <a href="https://www.geha.com">www.geha.com</a>, and view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a>. You can call 1-800-821-6136 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 350 / Self Only \$ 700 / Self Plus One \$ 700 / Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, Office visits, Urgent Care visits, In-Network Maternity care and Prescription drugs.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For in-network providers \$5,000 Self Only \$10,000 Self Plus One or Self and Family (one individual not to exceed \$5,000)  For out-of-network providers \$7,000 Self Only \$14,000 Self Plus One or Self and Family (one individual not to exceed \$7,000)	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.



Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, any penalties, non-covered drugs, the difference in price between generic and brand name and services your healthcare plan does not cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="www.geha.com/find-care">www.geha.com/find-care</a> or call 1-800-296-0776 for a list of <a href="mailto:network">network</a> providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event		Services You May Need	What You Will Pay			
			Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		Primary care visit to treat an injury or illness	\$20 / visit <u>Deductible</u> does not apply	25% <u>coinsurance</u> after <u>deductible</u>	None	
If you visit a healthcare provider's office or clinic  If you have a test		Specialist visit	\$20 / visit <u>Deductible</u> does not apply	25% <u>coinsurance</u> after <u>deductible</u>	None	
		Preventive care/screening/immunization	No charge	25% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
	<u>Diagnostic test</u> (x-ray, blood work)	No charge for outpatient lab work; 10% <u>coinsurance</u> after <u>deductible</u> for x-rays	25% <u>coinsurance</u> after <u>deductible</u>	None		
	Imaging (CT/PET scans, MRIs)	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Must be <u>pre-authorized</u> . If not, care may not be covered.		

			What You Will Pay		
	Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://info.caremark.com/geha		Generics	Retail - \$10 initial fill and first refill; subsequent refills, greater of \$10 or 50% of drug cost.  Mail order – \$20	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	Maximum day supply per fill is 30 days at retail, 90 days at mail order.
	If you need drugs to	Preferred brand drugs	Retail – 25%, not to exceed \$150, initial and first refill; subsequent refills 50%. Mail order – 25%, not to exceed \$350	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	Maintenance Choice lets you choose how to get 90-day supplies of your maintenance medications through mail service or at a CVS retail pharmacy.  You pay in full at an out-of-network pharmacy and submit for reimbursement.
	treat your illness or condition  More information about prescription drug coverage is available at https://info.caremark.com/	Non-preferred brand drugs	Retail – 40% not to exceed \$200, initial and first refill; subsequent refills 50%.  Mail order – 40%, not to exceed \$500	Same as <u>in-network</u> pharmacy, plus you pay excess over our <u>in-network</u> drug cost	Brand name when generic available – sam as generic drugs, plus the difference in cos of generic and brand name.
	Specialty drugs	From CVS Specialty Pharmacy  Generic and Preferred: 25% up to a maximum of \$150 for up to a 30-day supply  Non-preferred: 40% up to a maximum of \$200 for up to a 30-day supply	Not covered You pay 100%	If Specialty drugs are obtained through other sources (physician's office, home health agencies, outpatient hospitals), you will pay an additional copayment of \$300 and any difference between GEHA's allowance and the cost of the drug. The additional \$300 copayment will go towards your out-of-pocket limit.  Copayment based on days of therapy.  Brand name when generic available – same as generic drugs, plus the difference in cost of generic and brand name.	

		What You W		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Some services must be <u>pre-authorized</u> .  If not, care may not be covered.
surgery	Physician/surgeon fees	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Some services must be <u>pre-authorized</u> .  If not, care may not be covered.
	Emergency room care	10% <u>coinsurance</u> after <u>deductible</u> No charge for accidental injury  with 72 hours.	10% coinsurance after deductible for medical emergency 25% coinsurance after deductible for other.  No charge for accidental injury within 72 hours	Coinsurance/deductible applies to accidental injury care after 72 hours.
If you need immediate medical attention	Emergency medical transportation	10% <u>coinsurance</u> after <u>deductible</u> No charge for accidental injury	10% <u>coinsurance</u> after <u>deductible</u> No charge for accidental injury.	Air ambulance must be <u>pre-authorized</u> . If not <u>medically necessary</u> , services will not be covered.  Coinsurance/deductible applies to accidental injury care after 72 hours.  For ground transportation, member is responsible for all charges over 100 miles when <u>medically necessary</u> treatment is available within 100 miles.
	<u>Urgent care</u>	\$35 / visit <u>Deductible</u> does not apply  No charge for accidental injury  within 72 hours	25% <u>coinsurance</u> after <u>deductible</u> No charge for accidental injury within 72 hours	None

		What You W		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
				Semi-private room.
If you have a hospital stay	Facility fee (e.g., hospital room)	10% <u>coinsurance</u> and \$100 per admission <u>copayment</u>	25% <u>coinsurance</u> and \$300 per admission <u>copayment</u>	Must be precertified. If not, payment reduced by \$500/admission ( <u>in-network</u> ) or \$500/day ( <u>out-of-network</u> ); or care may not be covered.
	Physician/surgeon fees	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	None
If you need mental health, behavioral	Outpatient services	\$20 / visit for office visits, <u>Deductible</u> does not apply.  10% <u>coinsurance</u> after <u>deductible</u> for other outpatient services.	25% <u>coinsurance</u> after <u>deductible</u>	Psychological testing requires <u>pre-authorization</u> . If not, care may not be covered.
health, or substance				Semi-private room.
abuse services	Inpatient services	10% <u>coinsurance</u> and \$100 per admission <u>copayment</u>	25% <u>coinsurance</u> after <u>deductible</u>	Must be precertified. If not, payment reduced by \$500/admission ( <u>in-network</u> ) or \$500/day ( <u>out-of-network</u> ); or care may not be covered.
	Office visits	No charge	25% <u>coinsurance</u> after <u>deductible</u>	None
If you are pregnant	Childbirth/delivery professional services	No charge	25% <u>coinsurance</u> after <u>deductible</u>	None
	Childbirth/delivery facility services	No charge	25% <u>coinsurance</u> and \$300 per admission <u>copayment</u>	None
If you need help recovering or have other special health	Home health care	10% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Limited to 50 2-hour visits/year with an RN, LPN or MSW.
needs	Rehabilitation services	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Outpatient services limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need help	Habilitation services	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Outpatient services limited to 60 visits/year combined by qualified physical/occupational/speech therapist per person per year.
recovering or have other special health needs	Skilled nursing care	10% <u>coinsurance</u> after <u>deductible</u>	25% <u>coinsurance</u> after <u>deductible</u>	Facility only. Must be precertified. If not, payment reduced by \$500/admission (innetwork) or \$500/day (out-of-network); or care may not be covered.  Limited 50 days per calendar year.
	Durable medical equipment	10% coinsurance after deductible	25% <u>coinsurance</u> after <u>deductible</u>	Must be <u>pre-authorized</u> over \$1,000. If not, equipment may not be covered.
	Hospice services	No charge, up to \$30,000 limit. <u>Deductible</u> applies.	No charge, up to \$30,000 limit. <u>Deductible</u> applies.	Coverage limited to \$30,000/period of care for combined in-patient and out-patient care.
If your child needs	Children's eye exam	No charge	No charge	One routine eye exam per calendar year. Additional benefits available through EyeMed. Frequency and dollar limits apply.
dental or eye care	Children's glasses	Not covered	Not covered	Discount program available through EyeMed.
	Children's dental check-up	Subject to <u>balance-billing</u> up to the provider's contracted amount	Subject to balance-billing	Coverage is limited to two payments of \$22/year.

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Cosmetic surgery

Bariatric surgery

Over-the-counter medications

Routine eye care (Adult)

Long-term care

Private-duty nursing

Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

Acupuncture

- Dental care (adult)
- Hearing aids

• Non-emergency care while traveling outside the U.S. (see www.geha.com/outsideusa).

- Chiropractic care (manipulative therapy)
- Infertility treatment

Routine foot care for certain diagnoses

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB <u>Plan</u> brochure, contact your HR office/retirement system, contact your <u>plan</u> at 1-800-821-6136 or visit <u>www.opm.gov/healthcare-insurance/healthcare</u>. Generally, if you lose coverage under the <u>plan</u>, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: GEHA at 1-800-821-6136.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-821-6136.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-821-6136.

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-821-6136.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-821-6136.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$350
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$10		
<u>Coinsurance</u>	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is \$7			

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$350
■ Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

## In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$0
Copayments	\$250
Coinsurance	\$980
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$1,230

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$350
Specialist copayment	\$20
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
<u>Copayments</u>	\$50
Coinsurance	\$50
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$450